



Fluid Rower Apollo Plus Black Water Rowing Machine



The First Degree Fitness Apollo Plus Black rowing machine in elegant and sturdy wood-steel construction in black. The Apollo Plus features First-Degree's patented 2-tank resistance solution. The intensity of the workout is determined by the 4-fold adjustable water resistance and the own pulling behavior.

CHF 1'590.00

Equipment:

- Resistance created by water resistance - Resistance created depending on the strength of the pull.
- 4 adjustable resistance levels (Adjustable Resistance (AR)) by means of a rotary knob - the Apollo Plus from Fluid Rower has a water tank with two separate chambers. There is an active and a passive chamber. Manually (in 10 steps), the water can be transported from the active to the passive chamber and vice versa by opening and closing integrated sluices. Only the water that is in the active chamber is moved during the training. The training resistance is built up on the one hand by the amount of water in the tank and on the other hand by the traction strength of the trainee
- the intensity of the workout is determined by the adjustable water resistance and the trainee's own pulling behavior
- elegant and stable wood-steel construction
- handcrafted american ash wood with two layers of fine black varnish
- user-friendly training computer: LCD display for training distance, training time, stroke rate, total distance, calories burned, watts, heart rate
- Tank made of unbreakable polycarbonate with a capacity of 9-17 liters - new tank design with 15% more resistance
- water wheel made of stainless steel
- space-saving height adjustment
- comfortable, ergonomic and smooth running roller seat
- ergonomic handle
- adjustable footrests with footstraps
- USB interface for training software



- transport wheels

Use: home use, payload: approx. 150kg

Machine dimensions: L214 x W55 x H54cm, folded up: L53 x W51cm, weight 35kg (without water filling)

Option: heart rate receiver

Warranty: 1 year complete warranty, 2 years on labor and spare parts (excluding consumables)

Brake system: Water resistance system

Current-dependent: No

Resistance levels: Water resistance dependent

Training computer: LCD display

Training programs: Nein

Pulse-controlled programs: keine

Pulse receiver: Bluetooth

Rail system: Double rail

Accessories: No

Foldable / erectable: Erectable

Payload: approx. 150 kg

Insert: Home