



Schwinn 590E elliptical trainer



With a length of 147 cm, the Schwinn elliptical trainer 590E is around 30% smaller than conventional elliptical trainers and at the same time offers all the important features. A natural and joint-friendly running motion is made possible by the pleasantly long stride length of 51 cm and the ergonomically optimized leg position. The double rails ensure maximum stability during training. The Schwinn 590E elliptical trainer offers 25 different resistance levels and a total of 29 training programs for a varied workout. Thanks to the motor-controlled incline and decline from minus 5% to plus 15%, various muscle groups in the legs can be trained. At the same time, a connection to various training apps such as JRNY™ or Zwift can be established via Bluetooth (smartphone or tablet required).

CHF 1'899.00

Equipment:

- Electromagnetic braking system (EMS)
- Flywheel mass approx. 12kg
- stride length 51cm
- motorized incline and decline from -5% to +15%
- 7" (17.78cm) LCD display with display of profiles, time, interval, speed, calories, burn rate, watts, heart rate, distance, RPM, resistance level, incline
- 10 quick selection buttons for resistance setting
- 25 resistance levels
- Manual training program
- Quick start function
- 13 training programs - virtually unlimited with a *JRNY™ subscription
- 4 users
- compatible for use with popular cycling apps such as *JRNY™ and **Zwift® (separate



subscriptions required) for smartphone/tablet - access connected apps via Bluetooth connection from your phone or tablet

- the workout becomes multimedia and personalized with *JRNY™ - the digital fitness and entertainment platform. *JRNY™ is only available in English. Tablet or smartphone required
- Comfort Plus pedals
- USB charging port
- Water bottle holder
- Bluetooth compatible
- Tablet holder
- Bluetooth® speaker
- Transport wheels
- Color: anthracite

Use: home use, payload: approx. 150kg

Device dimensions: L147 x W86 x H173cm, weight 85kg

Accessories: integrated heart rate receiver

Option: Bluetooth transmitter belt

Warranty: 1 year full warranty, 2 years on labor and spare parts (excluding consumables).

*JRNY™ - Membership:

Daily personalized training

Experience a tailored training program with real-time coaching that automatically adjusts as you get stronger.

Explore virtual destinations

Travel through more than 200 stunning virtual courses at your own pace or experience them together with your virtual coaching.

Real-time virtual coaching

Achieve every single training goal with the guidance of a friendly virtual coach.

On-demand classes

Sweat it out with world-class coaches who inspire you. Experience a variety of time ranges and class types.

2 month free trial of JRNY™ included - at the end of the free trial, JRNY membership automatically renews at current membership rates until canceled. JRNY is only available in English. Manage or cancel your membership directly via your Apple ID or Google account. The app can also be used in the free version.

****Zwift** combines the fun of video games with the intensity of serious training. Explore the virtual worlds of Zwift in training or group rides and races with a global community that motivates you to get better every minute. Would you like to make your cardio training more interactive and challenging and combine it with the gamification factor? With selected models from the cardio portfolio and the Zwift training app, this is now possible! Zwift combines the fun of video games with the intensity of serious training and helps you to get faster. Connect in the virtual worlds of Zwift with a community that motivates you every minute. Choose from training plans, group rides, races and much more. Immerse yourself in the Zwift world and get fitter and stronger than ever before! Your personal training plan - Are you looking for a long-term strategy for your next competition? Or simply want targeted coaching for your training? Zwift has sophisticated cycling and running plans that are individually tailored and adapted to your fitness level. You can also create individual training sessions in the app to achieve specific goals. Your



personal best performance - virtual training with thousands of other athletes and feedback on the display often provide the necessary motivational boost. As the performance data from the training (such as rpm and watts) is transferred to the app, points can also be collected and real competitions can be held. Zwift is available from both Google Play and the App Store.

Brake system: electronically controlled magnetic brake system

Flywheel: 12 kg

Current-dependent: Yes

Stride length: 51 cm

Resistance levels: 25

Training programs: 13

Hand pulse sensors: No

Pulse receiver: Bluetooth

Foldable: No

Accessories: integrated receiver for chest strap transmitter

Options: Bluetooth transmitter belt, floor protection mat

Folding dimensions (length / width / height): No

Payload: approx. 150 kg

Insert: Home