



Schwinn Airdyne AD6 AirBike



For an intense full-body cardio workout that builds strength and burns calories, the Airdyne® AD6 is just the exercise machine you need. Its signature wind resistance technology puts you in control of the intensity of your workout. The Airdyne AirBike AD6 is loaded with features to keep you comfortable while keeping track of your workout stats and biometric data.

CHF 999.00

The combination of cross trainer (through upper body bars) and bicycle ergometer is perfect for an effective and joint-friendly whole body workout at the highest level. Pedaling, pushing, pulling - the AirBike not only trains aerobic and anaerobic endurance, but also strengthens the muscles. Thanks to the air resistance system, the user can not only regulate his resistance independently and continuously by the number of revolutions, but he can also independently determine whether the lower or upper body should be loaded more.

- The outstanding feature of Schwinn Airdyne bikes is the air resistance system. The faster you pedal, the more air resistance the fan wheel generates, which means that the resistance increases with your own effort. This makes for an intense and effective workout for cardio and muscle strength.
- Schwinn Airdyne bikes are designed to provide a total body workout. They have movable arm bars or hand grips that can be operated simultaneously with the pedals. This allows you to workout your arms and upper body while exercising your legs.
- Schwinn Airdyne bikes are popular with athletes and fitness enthusiasts, especially for high-intensity interval training (HIIT). The air resistance system allows you to quickly switch between high and low resistance levels for intense workouts.
- Schwinn Airdyne bikes are popular fitness equipment suitable for both home and gym use. They are designed for people looking for effective cardio and strength training with low impact on joints.

Features:

- Air resistance system - the resistance is continuously controlled by the number of revolutions



through the air resistance system - the faster you pedal, the higher the resistance

- the RevMeter™ tachometer is perfect for interval training
- Training computer with LCD window and display for time, distance, watts, RPM, calories, pulse , RevMeter™.
- Console layout with continuously visible metrics
- Dual-action design - arms and legs move in sync for a natural flow of motion
- Foot grid for an isolated upper body workout
- sheathing of the BioSynch connection system for safer training
- mains-independent power supply (battery)
- V-belt drive
- 8 training programs
- heart rate: telemetric
- footstraps on self-balancing pedals for better movement control
- transport wheels in front - practical transport wheel position
- extra padded, oversized seat
- quick seat height adjustment
- vertical saddle adjustment
- integrated bottle holder

Use: home use, payload: approx. 136kg

Equipment dimensions: L125 x W65 x H129cm, weight 51kg

Accessories: integrated receiver for chest strap transmitter

Options: Pulse transmitter belt

Warranty: 1 year complete warranty, 2 years on labor and spare parts (excludes consumables).