



NorsK CrossPace 5.0 elliptical trainer



The new NorsK line with its elegant wooden look - when developing the NorsK fitness equipment, the declared aim was to combine exercise in everyday life with a more sustainable lifestyle. Great importance was therefore attached to the use of high-quality components and at the same time care was taken to use as little plastic / polystyrene as possible for the equipment itself and its packaging. The NorsK fitness equipment blends seamlessly into the living space thanks to its unusual design in a fine wood look, motivating people to exercise regularly in a pleasant and familiar environment.

CHF 1'399.00

With the NorsK series - "Fitness Nature Made*", innovation, environmental friendliness and modern design merge into a fitness machine that enchants. Immerse yourself in a world of perfect training, driven by the latest technology and an awareness of our environment. The elegant wooden aesthetics of the NorsK CrossPace 5.0 are not only a feast for the eyes, but also blend seamlessly into your living space, motivating you to exercise regularly in a pleasant and familiar environment.

Features:

- Silent magnetic brake system with fully electronic resistance adjustment
- 20 kg flywheel mass
- Crosstrainer in natural wood design
- stride length 50cm
- Pedal distance 13cm
- lifting height 42cm
- Manual incline adjustment in 3 levels (2°, 6°, 12°) for individual adjustment and intensification of the workout - by adjusting the incline, you create different movement patterns and thus work different muscle groups. With an increased incline, the training focuses on the gluteal muscles and the hamstrings, while a lower incline places greater strain on the front thigh muscles
- Reduction of plastic to a minimum - reduction of 68% plastic content compared to a conventional ergometer
- Push & Turn computer with LCD color technology (with blue backlight) in a new design and with



the simplest operation - the multifunctional Push & Turn computer with colorful LCD display with 7 permanent displays provides a clear and concise presentation of the training data. Integrated traffic lights for pulse and RPM make it possible to check the intensity at a glance

- Display of load profiles, distance, speed, heart rate, calories burned, revolutions per minute, watts, time
- Bluetooth for fitness apps
- Pulse and RPM display for a perfect overview of training intensity
- Watt-controlled resistance from 25 - 350 watts in 5 watt increments
- 16 resistance levels
- Integrated watt, heart rate and fitness programs offer maximum training variety - a total of 24 training and 5 heart rate programs
- Manual program
- 4 user programs
- innovative handle with ergonomic and versatile grip position - a versatile training experience thanks to a wide range of grip variants. From wide grip positions to narrow grip positions, you have the freedom to adjust the hand positions and target different muscle groups. Whether you are training your arms, shoulders or upper body, the variety of grips allows you to create a workout with maximum variety
- Fully compatible with Kinomap
- Zwift-compatible
- Digitally connected: App control and live track experience
- Integrated hand pulse sensors on the handle
- Integrated receiver for chest strap
- Integrated tablet and smartphone holder for the best entertainment during training (smartphone/tablet is not included in the scope of delivery)
- Integrated transport rollers and handle for easy movement around the room
- high-quality castors on aluminum rails - the precision-manufactured castors ensure smooth and quiet movement, while the robust rails provide a stable and durable training platform. The combination of high-quality rollers and rails ensures outstanding performance and durability of our elliptical trainer
- high-quality tread plates - the non-slip, high-quality tread plates of the NorsK elliptical trainer provide a first-class training experience. Every step on these ergonomically designed tread plates is a step towards your fitness goals. The tread plates not only provide optimum support during training, but also contribute to gentle movement
- Reduction of polystyrene and plastic in the packaging - The use of plastic has been reduced to a minimum thanks to the natural wood design. The use of polystyrene has also been reduced in the packaging of NorsK equipment and environmentally friendly materials such as paper and cardboard have been used instead

Use: home use, payload: approx. 130kg

Device dimensions: L162 x W64 x H180cm, weight 71kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors,

Option: pulse transmitter belt 5kHz

Warranty: 2-year full warranty

Brake system: electronically controlled magnetic brake system



Flywheel: 20 kg
Current-dependent: Yes
Stride length: 50 cm
Resistance levels: 16
Training computer: LCD display
User-defined programs: 4
Hand pulse sensors: Yes
Pulse receiver: 5kHz and Bluetooth
Folding dimensions (length / width / height): No
Payload: approx. 130 kg
Insert: Home