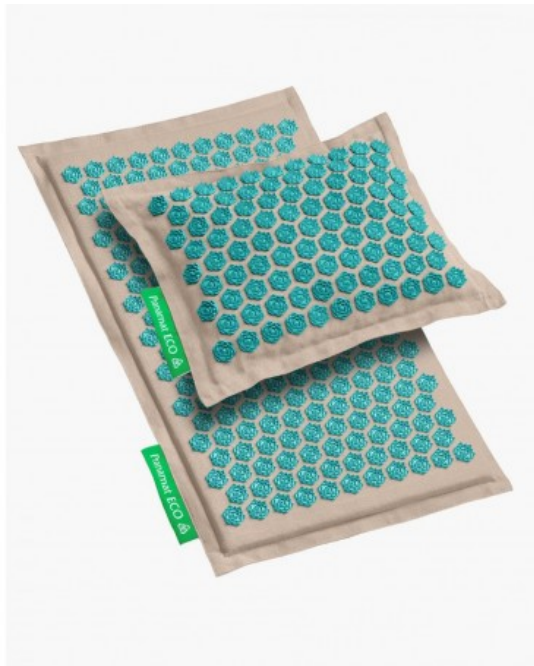




## Pranamat massage set - mat and cushion



Pranamat Eco massage set with mat and cushion - sustainable, handmade back and head massage set - the Pranamat ECO massage set consisting of a massage mat and a cushion offers a simultaneous massage of the head, neck, back and buttocks. All parts can be used together or separately. The cushion helps to treat the muscles of the lower back and the cervical spine. The acupressure mat works on biologically active points on the back, abdomen, arms or legs. The set invigorates from the first seconds of use, stimulates the immune system, improves sleep and warms the muscles. 20 minutes a day is enough to achieve all the proven benefits.

**CHF 229.00**

### How does it work?

1. 10,000+ lotus tips Stimulate blood and lymph flow from the very first minute.
2. Improved microcirculation: Your skin, muscles and internal organs are supplied with more oxygen so that every cell benefits.
3. Molecular and holistic: Improved metabolism and oxygen supply fights inflammation and promotes physical self-healing.

### Application:

Simply lie down and let the lotus flowers press against your skin. This triggers a natural relaxation process in body and mind.

### Oeko-Tex Standard 100

If a textile article has been awarded the STANDARD 100 label, you can be sure that all components of this article, i.e. all threads, buttons and other accessories, have been tested for harmful substances and that the article is therefore harmless to health. The test is carried out by independent OEKO-TEX institutes on the basis of the comprehensive OEKO-TEX criteria catalog. In the test procedure, they take



into account numerous substances, both regulated and non-regulated, which could be harmful to human health. In many cases, the limit values set for the STANDARD 100 exceed national and international specifications. The list of criteria is updated at least once a year and expanded to include new scientific findings or legal requirements.

- Acts on the immune system and biologically active points of the body, improves sleep and warms the muscles
- Improves metabolism and oxygen supply, combats inflammation and promotes physical self-healing
- Consists of 10,000+ lotus points that positively stimulate blood and lymph flow from the very first minute
- Clinically proven effectiveness
- Natural dyes and fillers, 100% natural materials, OEKO-Tex certified
- Scope of delivery: 1 mat and 1 cushion
- Eco mat size 73 x 45 cm
- Size of eco-pillow 34 x 45cm
- Materials: Cover: 100% natural linen, lotus flower Massage elements: HIPS plastic certified for use in surgical equipment, cushion filler: 100% natural buckwheat hulls, mat: 221 lotus flower massage elements with 25 petals each, cushion: 95 lotus flower massage elements with 25 petals each, mat content: 100% natural coconut fiber
- Available colors: turquoise, violet, dark orange, dark turquoise, dark violet

#### Storage and care:

- Avoid drying your Pranamats ECO in direct sunlight, otherwise the beautiful bright color of your massage set will fade.
- Store your Pranamats ECO flat in the XL bag, hang it in your wardrobe on a hanger or place it flat under the bed or in a drawer.
- Please do not put your Pranamats ECO in the washing machine.
- Protect your precious Pranamats ECO from moisture, dust, dirt and direct sunlight. Please do not leave children and pets unattended.
- You can regularly spray the lotus tips with a mild disinfectant between washes.
- Please do not fold the mat in half as this can damage the lotus tips. We recommend flat storage.
- Wash the covers by hand with a mild detergent.