



Set offer - Bodycraft XPress Pro Multistation with Norsk CrossPace 7.0 Crosstrainer



Set offer Bodycraft XPress Pro Multistation with Norsk CrossPace 7.0 Crosstrainer - this innovative strength training station has created a whole new category of home gyms as it was the very first multistation to incorporate adjustable cable arms. This revolutionary feature enables hundreds of new exercises for dumbbell training, functional training, core training, sport-specific exercises and rehabilitation exercises. This feature has been copied by nearly every home fitness provider in the industry. The XPress Pro Multistation is the original: copied, but not duplicated! The new Norsk line with its elegant wooden look - when developing the Norsk fitness equipment, the declared aim was to combine exercise in everyday life with a more sustainable lifestyle. Great importance was therefore attached to the use of high-quality components and at the same time care was taken to use as little plastic / polystyrene as possible for the equipment itself and its packaging. The Norsk fitness equipment blends seamlessly into the living space thanks to its unusual design in a fine wood look, motivating people to exercise regularly in a pleasant and familiar environment.

CHF 3'499.00

Features Bodycraft XPress Pro Multistation:

- Bench press lever with adjustment of the movement angle for pressing and pulling exercises (bench press, incline bench press, shoulder press or rowing)
- Leg extension (seated) and leg curl (standing)



- upper and middle pulley for a variety of upper body exercises (lat pulldown), abdominal crunch
- patented, 11-way adjustable butterfly arms turn the BodyCraft X-Press Pro II into an innovative cable pulley station that enables sport-specific exercises or exercises for rehabilitation training
- lower cable pulley with footplate for a variety of exercises for abduction, adduction, hips, glutes, calves, biceps, back (rowing)
- Resistance doubling (ratio 1:2) with bench press lever with up to 180 kg resistance through simple re-coupling using the quick-hook system
- Gas pressure-assisted seat height adjustment for easy adaptation to all body sizes
- horizontally and incline-adjustable backrest - the backrest pad can be tilted to ensure full support during incline and shoulder presses
- ergonomically designed backrest - this adjusts from front to back and automatically "cradles" the user for full support. double layered back pad designed to provide full lumbar support while reducing strain on the spine
- space-saving design - can be placed against the wall
- ergonomic handles
- sealed, internally lubricated bearings - at pivot points for exceptional consistent performance
- 90kg weight block
- protective cover for weight magazine
- Color: Diamond grey
- Option: leg press
- Target price CHF 2'990.--

Application: home use, payload: approx. 160kg

Equipment dimensions: L210 (with leg press L217) x W144 (with leg press B230) x H211cm, weight 170kg

Accessories: lat pull-down bar, tricep handle, foot strap, abdominal pull-down section, chain

Options: Leg press with up to 180kg resistance (ratio 2:1), Art. 4016.6 CHF 690.--

Warranty: 2 years on labor and spare parts (excluding consumables, transport and installation)

Norsk CrossPace 7.0 elliptical trainer

The Norsk series - "Fitness Nature Made*" combines innovation, environmental friendliness and modern design to create a fitness machine that will enchant you. Immerse yourself in a world of perfect training, driven by the latest technology and an awareness of our environment. The elegant wooden aesthetics of the Norsk CrossPace 7.0 are not only a feast for the eyes, but also blend seamlessly into your living space, motivating you to exercise regularly in a pleasant and familiar environment.

The CrossPace 7.0 from Norsk - with its unique and elegant wooden design and outstanding features - sets new standards in terms of functionality and aesthetics. With its incline adjustment in 3 levels, training can be individually adapted and intensified. Whether it's targeted booty training, improving endurance or simple weight loss - the Norsk elliptical trainer offers the perfect solution!

Features:

- Silent magnetic brake system with fully electronic resistance adjustment
- 20 kg flywheel mass
- Crosstrainer in natural wood design
- stride length 52cm
- Pedal distance 13cm



- lifting height 50cm
- Manual incline adjustment in 3 levels (2°, 6°, 12°) for individual adjustment and intensification of the workout - by adjusting the incline, you create different movement patterns and thus work different muscle groups. With an increased incline, the training focuses on the gluteal muscles and the hamstrings, while a lower incline places greater strain on the front thigh muscles
- Reduction of plastic to a minimum - reduction of 55% plastic content compared to a conventional cross trainer
- 10.1" (25.65cm) TFT display with touch screen - the large 10.1" TFT display makes it easy to keep an eye on progress and training data. Training is controlled with ease via the touch display and the push & turn button. A variety of additional apps or pre-installed virtual routes are available
- Display of load profiles, distance, speed, heart rate, calories burned, revolutions per minute, resistance level, time
- Bluetooth for fitness apps, headphones, speakers
- 32 resistance levels
- Integrated heart rate and fitness programs offer maximum training variety - a total of 16 training and 3 heart rate programs
- Manual program
- 4 user programs
- 4 race programs
- innovative handle with ergonomic and versatile grip position - a versatile training experience thanks to a wide range of grip variants. From wide grip positions to narrow grip positions, you have the freedom to adjust the hand positions and target different muscle groups. Whether you are training your arms, shoulders or upper body, the variety of grips allows you to create a workout with maximum variety
- Fully compatible with Kinomap
- Zwift-compatible
- Digitally connected: Experience app control and live routes
- Pre-installed apps such as YouTube, Netflix, Disney, Amazon Prime, Facebook, Hammer Workouts, Instagram and Spotify
- integrated hand pulse sensors on the handle
- Integrated receiver for chest strap
- integrated tablet and smartphone holder for the best entertainment during training (smartphone/tablet is not included in the scope of delivery)
- Integrated transport rollers and handle for easy movement around the room
- high-quality castors on aluminum rails - the precision-manufactured castors ensure smooth and quiet movement, while the robust rails provide a stable and durable training platform. The combination of high-quality rollers and rails ensures outstanding performance and durability of our elliptical trainer
- high-quality tread plates - the non-slip, high-quality tread plates of the NorsK elliptical trainer provide a first-class training experience. Every step on these ergonomically designed tread plates is a step towards your fitness goals. The tread plates not only provide optimum support during training, but also contribute to gentle movement
- High-quality rollers on aluminum rails
- Reduction of polystyrene and plastic in the packaging - The use of plastic has been reduced to a minimum thanks to the natural wood design. The use of polystyrene has also been reduced in the packaging of NorsK devices and environmentally friendly materials such as paper and cardboard have been used instead
- USB port for charging function



- Material: Wood veneer

Use: home use, payload: approx. 130kg

Device dimensions: L158 x W65 x H185cm, weight 75kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors

Option: pulse transmitter belt 5kHz and Bluetooth

Warranty: 2-year full warranty

Target price CHF 4'039.--