



Matrix Fitness ICR.50 Indoor Cycle - Limited Edition



The Matrix Fitness ICR50 Indoor Cycle in the Limited Edition offers exercisers an absolutely solid basis for ambitious and motivating workouts. Athletes can connect to their favorite fitness apps such as @Zone or Kinomap via Bluetooth FTMS and use them during training thanks to the integrated smartphone holder. Thanks to the intuitive four-way adjustment of the handlebars and saddle, everyone can find the right training position. The closely spaced pedals ensure the optimum position for hips, knees and feet for an authentic cycling experience. The handlebars also offer a variety of grip options for different training phases. The integrated bottle holder helps to ensure sufficient hydration during training.

CHF 1'090.00

Precise resistance - the resistance lever enables quick and precise adjustments in 11 levels and also serves as an emergency stop. The maintenance-free magnetic resistance enables immediate, smooth adjustments and always ensures a pleasant riding experience and whisper-quiet performance.

Rear Drive with aluminum flywheel - the rear-mounted flywheel not only looks particularly good, but also protects sensitive components from sweat and thus extends the service life of the bike. The dual pedals with SPD click system and cups allow you to train with either special cycling shoes (SPD click system) or standard sports shoes.

Rear Drive System and ergonomically shaped multi-position handlebars, padded sports saddle and dual pedals bring a real feeling of road cycling home. Maintenance-free magnetic brake system for immediate and smooth adjustment to the desired training intensity

The @ZONE app connects to the ICR50 via Bluetooth for an intense, customizable training experience. Bluetooth compatible with popular fitness apps, such as @Zone and Kinomap

Features:



- Magnetic brake system with 11 resistance levels
- Quick touch lever
- Emergency stop
- Belt drive
- Reinforced frame construction ensures a robust frame design
- Aluminum flywheel
- Q-factor 159mm
- user height 155-195cm
- heart rate measurement via Bluetooth (display via mobile devices)
- Stepless vertical and horizontal handlebar adjustment with scaling
- stepless vertical and horizontal saddle adjustment with scaling
- Comfortable padded sports saddle
- Ergo-Form multi-position handlebars with soft PVC
- Holder for tablet/smartphones
- Dual, SPD system and cup pedals
- Bottle holder
- Transport wheels
- @Zone-APP* - compatible - with @Zone you can jog through exotic locations on virtual journeys, compete with people all over the world, redefine your fitness with Sprint 8 HIIT and constantly set yourself new challenges with goal-based workouts. The training progress can be documented to make progress visible. If you like, you can even compare your own performance with the best @Zone users worldwide. The app can now be downloaded free of charge (App Store and Google Play)
- Kinomap-APP** - compatible - the Kinomap-APP turns training into a motivating, interactive training experience, whether alone or in competition mode. Over 170,000 varied route kilometers for the various sports have already been uploaded by users.
- Screen as shown on video not included

@Zone-APP*

The free @Zone-APP connects the smartphone or tablet (iOS/Android) to the treadmill via Bluetooth. Little effort, maximum success - with the exclusive HIIT training program Sprint 8, amazing results in terms of general fitness and fat burning are achieved with three short training sessions per week. Once around the world - Virtual Active synchronizes high-resolution film footage of real routes with the speed and intensity of the workout. The incline or resistance changes automatically and adapts to the landscape profile on the screen. Every month, 300 minutes of this program are included free of charge in the @Zone app. Target training programs - with the 5 target-based training programs (time, distance, calorie consumption, pace and target heart rate) you can always set yourself new challenges and increase your performance in a targeted manner. Workout tracking - All data is summarized in the training history so that progress from training to training is documented. If you like, you can even access the worldwide leaderboard to compare your own performance with the top users of @Zone.

Kinomap APP***

The Kinomap APP turns training into a motivating, interactive training experience. The app provides videos for cross trainers, ergometers, treadmills and rowing machines. The Kinomap APP is connected to the training device via Bluetooth. Choose a route and cycle, run or row as if you were there yourself. You can track your progress on the map. As the videos are geocoded, the APP also adapts the resistance (only on selected models) to the terrain profile of the training route.

Train more than 170,000 km alone or in competition with others - the Kinomap videos are uploaded by users. There are already over 170,000 kilometers of varied routes available for the various sports. All



videos are marked with location data, so you can not only watch the video, but also see on the map where you are and what the terrain profile looks like. The app also displays the most important training data during the workout so that you can keep an eye on your performance while you are running through Central Park, for example. The multiplayer sessions are also particularly challenging, where you can take part in public races or arrange to meet up with friends for a little race. Kinomap is available in a free basic version from both Google Play and the AppStore. There are various license models for the full version.

Use: Home use, payload 136kg

Device dimensions: L135 x W57 x H109cm, weight 52kg

Warranty: 2-year full warranty (excluding consumables)