



## Sprintbok V.2 by NOHrD Vintage oak slatted treadmill



Sprintbok V.2 by NOHrD - the treadmill without a motor and with an elegant wooden frame - running aficionados are familiar with the advantages of motorless treadmills. Powered entirely by your own leg strength, the Sprintbok knows no speed limits. Whether endurance running, sprints or intervals - the SprintBok perfectly cushions all types of running training thanks to the ball-bearing slats. Trains all running speeds from walk, endurance run, sprint and interval.

**CHF 6'099.00**

Former winner of the French design competition "Concours Lépine", the classic Sprintbok now presents itself with impressive new advantages. An absolute fitness machine eye-catcher, the Sprintbok by NOHrD stands out from conventional treadmill aesthetics thanks to its curved, lightweight shape with an elegant wooden frame and slatted running surface.

The motorless, curved treadmill offers the user all the advantages of a self-determined running workout: the belt with flexible wooden slats and ball bearing technology is driven entirely by the user's own leg power. The Sprintbok treadmill has no speed limits. From a relaxing walk to a maximum sprint, any personal running speed is possible without any adjustment.

The softly curved shape of the running surface offers the motorless treadmill even more advantages for a natural running experience. Depending on the shift in the body's center of gravity, runners can change their own rhythm at any time. Compared to motorized models, this means a more intensive, more effective treadmill workout with demonstrably higher calorie consumption due to the greater use of force.

- the motorless treadmill enables a self-determined speed limit and a self-determined running rhythm
- curved shape enables a natural running style - the curved treadmill shape forces the runner to place their front or middle foot on the ground. This protects the runner's joints and develops a completely natural running technique and running speed - the curved treadmill requires 30% more power
- Own drive promotes faster muscle development
- Adapts to any running style and speed



- joint-friendly training thanks to elastic, ball-bearing slats
- less risk of injury due to natural running style
- no dependence on technical settings
- Better feeling for your own running performance
- running surface: 160 x 45cm
- Solid side support bars
- Width of the wooden frame: 8cm
- **New display** - all important training data is shown at a glance. By connecting an ANT+ or Bluetooth heart rate belt to the display, the heart rate can be measured during training. For a varied training experience, the device can also be connected to the NOHRD app with a tablet via Bluetooth (Android or IOS).
- NOHRD-Sprintbok app with training workouts - specially developed APP (performance data, scenery runs) - My NOhrD app with the following training data: total running performance, running performance per workout, heart rate, cadence, average stride length, pace (time per kilometer), distance goals: 5 km time, 10 km time, 42 km time
- Quiet running noise thanks to vibration-damping rubber
- Robust workmanship
- 2 castors for easy movement
- Tablet not included in the scope of delivery
- Wood finishes: Oak stained in vintage look

**Curved wooden frame**

The Sprintbok impresses with its elegant frame made of solid hardwood. The wooden frame helps to reduce vibrations.

**State-of-the-art treadmill shape: curved**

The Sprintbok also effortlessly integrates the modern curved treadmill shape into its design. The incline of the running surface offers many advantages during training. The running feel is easy and naturally combined with a high training efficiency: 30% more calories burned due to greater effort!

**Stable grip surface with display**

The elegantly angled, stable grip surface has a display on which all important training data is shown. A tablet support enables the placement of a tablet (tablet not included)

**Maintenance-free**

Apart from regular dust removal, there are no belts to tighten and nothing to oil or lubricate compared to conventional treadmills.

**Treadmill surface made of Flexi wooden slats**

62 movable wooden slats are coated with linoleum for their natural and durable properties. The flexible slats absorb impact perfectly and provide the user with ideal cushioning during running training.

**100% self-determined running principle**

The Sprintbok is designed to adapt immediately and without delay to the user's effort and running style. The training is therefore more intensive and effective: compared to motorized treadmills, runners also benefit from up to 30% higher calorie consumption with the SprintBok.

Application: Home to commercial continuous use, payload: approx. 160kg

Machine dimensions: L180 x W86 x H140cm, weight 160kg



Options: Transmitter belt, floor protection mats

Warranty: 2-year warranty on labor and spare parts, 5-year warranty on the frame, excluding consumables

Gradient: No

Pulse-controlled programs: keine

User-defined programs: keine

Hand pulse sensors: No

Pulse receiver: Bluetooth

Foldable: No

Options: Transmitter belt, floor protection mat

Folding dimensions (length / width / height): No

Insert: Heinbereich bis kommerzieller Dauereinsatz