



Body Solid Option for GPR400: Functional Trainer Attachment Plate loaded (GPRFT)



Maximize your training space and experience the benefits of power rack workouts with free weights. Functional trainer workouts with cables and lat pulldown exercises with the Body-Solid GPRFTS Power Rack functional trainer attachment for discs. This add-on can be easily integrated into the Body-Solid GPR400 Power Rack and offers a variety of training routines while saving valuable space in the training room. The Functional Trainer Attachment GPRFTS with the GPR400 Power Rack is like having three pieces of equipment: a high-quality power rack, an adjustable functional trainer and a lat pull-down machine.

CHF 1'490.00

The Functional Trainer Attachment GPRFT has an impressive weight capacity of 270kg on its two Olympic weight slides with a 1/2:1 weight ratio, ensuring comprehensive isolateral muscle engagement and development with every workout.

With a range of accessories including a double rotating curl bar, double rotating lat bar, ankle cuff and two stirrup handles, the Functional Trainer Attachment GPRFT is designed to meet all your strength training needs. The front functional rollers rotate 180 degrees and can be adjusted up and down on the rack, allowing up to 40 adjustments per side. In addition, the GPRFT has two lat pulleys and two low pulleys for comprehensive isolateral cable pulling exercises.

Constructed of heavy-duty steel, the GPRFT attachment is built to last and is stable even in high-traffic and high-use facilities. The pulley system works smoothly and consistently for optimal performance throughout your workout.

Features:



- only compatible with the Body-Solid GPR400 Power Rack (Power Rack GPR400 not included)
- 3 in 1: power rack, functional trainer and lat pull-down machine
- the front pulleys can be swiveled 180 degrees and adjusted up and down on the rack
- up to 40 height adjustments per side
- double lat pulldown and two low pulleys for unlimited training variety
- for weight plates with 51 mm diameter - 2 x 135 kg payload
- weight ratio 1/2:1

Application: Home to commercial use, payload: approx. 450kg

Equipment dimensions: L195.6 x W188 x H205.7cm, weight 86kg

Option: Power Rack GPR400

Warranty: 2 years on labor and spare parts (excluding consumables)