

## Body Solid Option for GPR400: Functional Trainer Attachment with 2x95kg GM (GPRFTS)



Maximize your training space experience the benefits of power rack workouts with free weights. Functional trainer workouts with cables and lat pulldown exercises with the Body-Solid GPRFTS Power Rack functional trainer add-on. This add-on can be easily integrated into the Body-Solid GPR400 Power Rack and offers a variety of training routines while saving valuable space in the training room. The Functional Trainer Attachment GPRFTS with the GPR400 Power Rack is like having three pieces of equipment: a high-quality power rack, an adjustable functional trainer and a lat pulldown machine. (Power Rack GPR400 is only available as an option and is not included in the scope of delivery)

CHF 2'490.00

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The Functional Trainer Attachment GPRFTS features two 95kg weight stacks and a 1/2:1 weight ratio, ensuring comprehensive isolateral muscle engagement and development with every workout. With a range of accessories including a double rotating curl bar, double rotating lat bar, ankle cuff and two stirrup handles, the GPRFTS is designed to meet all your strength training needs.

The front functional rollers rotate 180 degrees and can be adjusted up and down on the rack, allowing up to 40 adjustments per side. In addition, the Functional Trainer Attachment GPRFTS has two lat pull pulleys and two low pulleys for comprehensive isolateral cable pull exercises.

## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Made of heavy-duty steel, the Functional Trainer Attachment GPRFTS attachment is built to last and is stable even in high-traffic and high-use facilities. The pulley system works smoothly and consistently, ensuring optimal performance throughout the workout.

## Features:

- only compatible with the Body-Solid GPR400 Power Rack(Power Rack GPR400 not included)
- 3 in 1: power rack, functional trainer and lat pull-down machine
- the front pulleys can be swiveled 180 degrees and adjusted up and down on the rack
- up to 40 height adjustments per side
- double lat pulldown and two low pulleys for unlimited training variety
- 2 x 95kg weight magazines
- weight ratio 1/2:1

Application: Home to commercial use, payload: approx. 450kg Equipment dimensions: L195.6 x W188 x H205.7cm, weight 283.5kg

Option: Power Rack GPR400

Warranty: 2 years on labor and spare parts (excluding consumables)