



## TOGU Dynair ball cushion 33cm red

The Dynair ball cushion for back training, gymnastics and rehabilitation exercises.



**CHF 39.90**

Dynamic sitting - mobile training

**Possible applications:** Physiotherapy for back muscle training, pelvic floor training, as a balancing device. For dynamic and relieving sitting.

- the space-saving alternative to the big ball
- for back training, gymnastics, therapy and rehab
- for back-friendly, dynamic sitting
- gently keeps the intervertebral discs in motion
- trains the muscles of the spine
- can optimize the upright posture
- sold well over 1 million times
- both sides with velvety smooth surface
- with exercise poster
- material: high quality ruton reg:
- Optics: with needle valve, velvety smooth surface interrupted by grooving. Filled only with the atmospheric internal pressure.
- Sizes: Diameter 33cm (Level I)

Load capacity approx. 200kg

Weight: approx. 1250g

Color: red

The Dynair ball cushion from TOGU has been awarded the seal of approval by the AGR expert commission.

**The Shark  
Fitness Company**



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