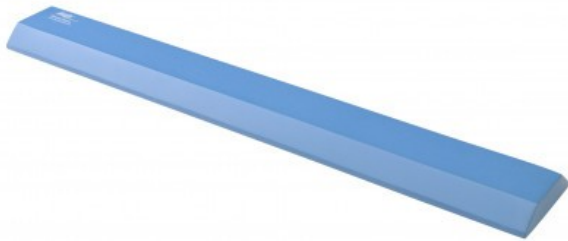




AIREX Balance Beam

Balance Beam from Airex is used for training of coordination and reaction, training of standing stability and for motor exercises to maintain balance ability.



CHF 129.00

A secure footing is the starting point for physiotherapeutic and sports therapy efforts to regain an undisturbed walking or foot function.

The **AIREX Balance Beam** covers a wide range of applications as a therapy and training device. Due to its destabilizing properties, it is used for the retraining of motor skills in

• rehabilitation
• prevention
• and in recreational and competitive sports.

It enables the combined training of conventional and coordinative talents such as strength, endurance, differentiation and balance skills. Buzzwords such as proprioceptor training and kinesthetics are taken into account. Due to its specific characteristics, the **AIREX Balance Beam** is particularly suitable in the field of prevention and rehabilitation for

- Balance training
- coordination and reaction training
- walking school
- stance stability training
- functional training of the musculature of the lower extremities
- motor exercises to maintain balance in the case of e.g. age-related changes in the musculature and skeletal apparatus.

In recreational and professional sports, e.g. tennis, the **AIREX Balance Beam** enables the stabilization of movement patterns and stroke techniques under difficult conditions.



The **AIREX Balance-Beam** is produced in two different formats. Multiple surfaces can also be layered to enhance the buffing effect. The closed-cell, super-soft special foam does not absorb moisture or dirt, is durable and hygienic.

The **AIREX Balance-Beam** can be used multifunctionally and is also excellent as a swimming cushion and swimming island.

Mass: 160 x 24 x 6cm, blue

Delivery bulky goods