



Gravity Boots



Premium Gravity Boots - the ideal training aid for relieving tension and back pain, as well as for abdominal training.

CHF 79.00

Hanging in the head down position can fix many types of back pain and tension. A few minutes a day is enough to relieve painfully compressed discs. In this hanging position, you can also very effectively exercise the abdomen and perform various dumbbell exercises.

Gravity Boots have thick, soft padding and a safety lock.

- improves posture
- decompresses the intervertebral disc and its connections
- helps prevent common athletic injuries
- improves blood circulation
- increases flexibility of the intervertebral discs
- helps transport nutrients to the less circulatory parts of the body such as the discs and head
- relieves back and neck pain and tension
- purifies by stimulating the lymphatic system
- can be loaded up to approx. 100kg
- Price per pair