



Body Solid Club Line - Pro Dual Ab / Back Stretcher DABB-SF



The Pro Dual Line strength training equipment from Body Solid is designed for demanding home use and for light institutional use in physiotherapies, hotels, corporate fitness or schools. The Pro Dual Line impresses with an innovative design with oval tube frame and convinces with an attractive price/performance ratio.

CHF 3'290.00

Achieve a 6-pack that gets people's attention

A strong, functional core requires well-defined abs and a strong lower back. Successfully training these complex muscle groups requires a routine built on a consistent foundation.

Body Solid's Pro Dual Ab Crunch Back Extension features a unique rotational position that allows for a proper crunch-like movement for maximum abdominal contraction. The adjustable seat and foot support rollers allow for an ergonomically correct rotational position.

The Pro Dual Ab Crunch Back Extension features an elegantly curved frame made of smooth, powder-coated tubing that exudes a modern, design-oriented aesthetic. The Pro Dual Ab Crunch Back Extension combines form with function and value to create an outstanding modular strength training system.

Best of all, you can buy with confidence because the Pro Dual Ab Crunch Back Extension is built to last a lifetime.

With the Body Solid Pro Dual Ab Crunch Back Extension, you can use your abs to build a stronger core.

Features:

- Dual station for back and ab exercises



- Large pad roll for abdominal and back exercises
- 14 adjustable positions of the lever arm for a correct starting position and an optimal range of motion
- 6-position adjustable leg rest for a secure hold
- ergonomically angled seat for a correct training posture
- 5-step pneumatic seat height adjustment
- high-quality Duraform padding with 5 cm high-density foam for additional durability and training comfort
- weight block of 95kg
- cable made of aircraft construction (load capacity up to 1100kg)
- no cable change necessary
- weight magazine with protective cover
- oval tube frame
- powder coated steel frame
- 4-sided welded connections
- ball bearing mounted pivot points
- shock-resistant, fiberglass-reinforced nylon rope pulleys with sealed ball bearings
- color: grey

Usage: Home use to light institutional use, Max. User weight 200kg

Equipment dimensions: L130cm x W109cm x H158cm, Weight 220.5kg

Warranty: 1 year on labor, 2 years on parts (excluding consumables such as pads/cables).