



Body Solid Club Line - Rowing machine seated (SRM1700)



This seated rower provides the most effective back and shoulder exercises for men and women of all ages and strength levels. The thick, comfortable and fully adjustable chest and seat pad allows for full pre-stretching to optimize isolation of the latissimus (large back muscle), back muscles and upper back muscle while avoiding strain on the lower back. The unique vertical and horizontal grips feature frictionless, oil-free bronze bushings that rotate over solid steel axles for ultimate strength, durability and smooth performance. Each of the two grip positions is attached to a pivoting traction arm mount that allows for maximum focus and isolation of all back and shoulder muscles. Features include 5 x 10 cm high-strength steel main frame construction and a center pull design that distributes weight more evenly and eliminates torsional stress. This machine offers increased strength, comfort and versatility for beginners and experienced users of all sizes.

CHF 2'690.00

Features:

- low center of gravity for stability
- movable vertical and horizontal handles
- horizontally adjustable chest pad
- height adjustable seat
- anti-slip footrests
- highly polished, chrome-plated solid steel guide and shift rods
- extra durable, tear-resistant DuraFirm™ upholstery is double stitched
- 95kg weight block (140kg optional)
- fiberglass-reinforced nylon casters with V-grooves



- nylon coated, self-lubricating aircraft grade steel cables
- double powder coating to protect against scratches, chipping and peeling
- 5 x 10 cm high tensile steel. Welded on 4 sides

Use: from home to continuous commercial use

Equipment dimensions: L115 x B140 x H158cm, weight 201kg

Warranty: 2 years on labor and parts for home use, 1 year on labor and 2 years on parts for light institutional to commercial use (excluding consumables)