



Body Solid Club Line - Leg Bending Station Prone (SLC400G)



This leg curl machine sets the standard for workout comfort and convenience. Not only does it provide ample strength, but also highly regarded performance. And not just a comfortable workout, but one that can only be described as remarkably smooth. Convincing proof that a high-quality, proven design never goes out of style. The uniquely designed center-drive cam distributes weight evenly to eliminate lateral torque. The biomechanically accurate pivot ensures an ergonomically correct body position for natural and complete hamstring and leg biceps development. The elliptical cam provides a smooth arc of motion and offers variable resistance throughout the range of motion. Pop-pin adjustable foot pads ensure proper alignment. Finally, a form-fitting machine that combines power, style and performance.

CHF 2'490.00

Equipment:

- Handles on both sides of the seat
- highly polished, chrome-plated guide and shift rods made of solid steel
- extra durable, tear-resistant DuraFirm™ upholstery is double stitched
- 95kg weight block (140kg optional)
- fiberglass-reinforced nylon pulleys with V-groove channels
- nylon coated, self-lubricating aircraft grade steel cables
- double powder coating protects against scratching, chipping and flaking
- 5 x 10 cm high tensile steel. All welded on 4 sides

Use: home to commercial continuous use

Equipment dimensions: L162.6 x W94 x H157.5cm, weight 203.2kg

**The Shark
Fitness Company**



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Warranty: 2 years on labor and parts for home use, 1 year on labor and 2 years on parts for light institutional to commercial use (excludes consumables)