



Body Solid Club Line Multi Hip (SMH1500)



Keep your hips and thighs tight! The Multi Hip from the Body Solid Club Line helps you get the results you want, where you want them. A unique adjustable range of motion cam allows you to set rotation limits when performing four different leg kick exercises. Achieve maximum results on your inner thigh, outer thigh, hip flexor or gluteal muscles. Trim and tone your hips and thighs or strengthen these areas for ultimate sports conditioning. Features include an additional non-slip platform, easy access and an adjustable height pivot on the cam for proper hip alignment.

CHF 2'590.00

Equipment:

- a unique adjustable range of motion cam allows you to set rotation limits when performing four different leg kick exercises
- non-slip platform
- easy access
- height-adjustable pivot point on the cam for proper hip alignment
- highly polished, chrome-plated solid steel guide and shift rods
- extra durable, tear-resistant DuraFirm™ padding is double stitched
- handle on each side
- 95kg weight block (140kg optional) with weight ratio of 2:1
- fiberglass-reinforced nylon pulleys with V-groove channels
- nylon coated, self-lubricating aircraft grade steel cables
- double powder coating protects against scratches, chipping and flaking
- 5 x 10 cm high tensile steel. All welded on 4 sides

Use: home to commercial continuous use

Equipment dimensions: L135 x W115 x H158cm, weight 194kg

Warranty: 2 years on labor and parts for home use, 1 year on labor and 2 years on parts for light institutional to commercial use (excludes consumables)

**The Shark
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