



Body Solid Multistation Fusion F600 Personal Trainer



In addition to the proven bi-angular technology, the Body Solid Fusion 600 training station offers, as a novelty, 180° rotating, 14-step adjustable pull arms for a variety of exercises. The chest supported rowing exercise or the seated leg curl/extension exercise, as well as the modern, ergonomic design make the Fusion 600 an attractive training partner.

CHF 3'290.00

Equipment:

- Station 1: Bench Press (converging motion) with 4-way angle of motion adjustment for horizontal bench press, incline bench press and shoulder press, shoulder press with inclinable back support - the patented Bi-Angular® Press Arm with multi-position handles guides through the optimal range of motion while applying resistance from two directions. Uniform, multi-directional resistance increases muscle interaction by 25%. Now you can enjoy the benefits of Bi-Angular® technology during chest press, incline bench press and shoulder press. It's like training with free weights.
- Station 2: seated rowing exercise with adjustable chest support
- Station 3: synchronized, articulating functional training arms with a spectrum ranging from upper abs exercises to lateral access workouts - 180° rotating, 14-position adjustable pull arms for a variety of exercises (abductors, adductors, hip and glute muscles, biceps curl, butterfly, rowing, and many more)
- Station 4: upper pulley for a variety of exercises (upper body pulling exercises, lat pull, triceps, abdominal crunches, crossovers) - adjustable hold-down pads stabilize the body during elevators that exceed body weight. Unique versatility allows you to increase strength and endurance of the back muscles
- Station 5: Seated leg extension and leg curl station with pivoting rollers for quadriceps and leg biceps training - build muscular legs and stronger knee joints- the leg developer helps achieve goals. The leg developer's SmoothGlide storage system guides you through the most challenging leg curl and leg extension exercises.
- 1 user
- Space-saving, modern design
- Gas-assisted telescopic seat and backrest with multi-position cushion that provides comfort and



adjustability for users of all sizes

- ergonomic handles
- Quality upholstery
- weight block 95kg
- optional leg press (FLP) with ratio 2:1 weight doubling

Use: home use, payload: approx. 200kg

Equipment dimensions without leg press: L200 x W125 x H211cm, machine dimensions with leg press: L200 x W205 x H211cm, Exercise mass without leg press: L250 x W220 x H211cm, training mass with leg press: L250 x W310 x H211cm, weight 270kg

Accessories: lat bar, triceps grip, foot strap

Options: Leg press with ratio 2:1 weight doubling (FLP), multi-hip (FMH), pull-up/leg lift/dip station (FKR/FPU), weight assisted pull-up/leg lift/dip station (FCDWA)

Warranty: 2 years on labor and spare parts (excludes consumables).