

Body Solid Cross Over Station GCCO150



Body Solid's Cross Over Station provides a total body workout with a variety of exercise options for biceps, triceps, chest, shoulders, back, forearms, abdominals and legs, as well as sport-specific exercises. Ideal for fitness and rehabilitation.

CHF 1'699.00

Equipment:

- 2 x 72.5kg weight magazines
- weight plate supports allow 2 x 90kg additional weight (with ratio 2:1 2 x 45kg)
- 11-position cable pulley adjustment for a variety of upper, middle and lower cable exercises
- 180° movement radius of the swiveling pulling elements
- 2 weight blocks à 72kg with ratio 2:1 (2,25kg to 36kg)
- the ratio of 2:1 allows a very gentle workout, lower weight increments and a larger range of motion

Use: home use to light commercial use

Equipment dimensions: L357 x W100 x H212cm, weight 160kg

Accessories: 2 hand grips, 2 foot straps

Option: pull-up part, training bench, weight adapter for 50mm discs

Warranty: 3 years on labor and spare parts (excluding consumables, transportation and installation)