



## Body Solid Cross Over Deluxe GDCC250



The Deluxe Cross Over Station provides a full body workout with a variety of exercise options for biceps, triceps, chest, shoulders, back, forearms, abdominals and legs, as well as sport-specific exercises. The Deluxe model is suitable for home use to professional use for fitness and rehabilitation.

CHF 2'199.00

The design of the Body Solid Cross Over GDCC250 is sturdy and stable, allowing you to exercise virtually any major muscle group of the body. Interchangeable cable handles provide an unlimited number of options for all experience levels, and the extra wide and tall main frame provides easy access to an endless array of high and low pulley exercises

The Selectorized Deluxe Cable Crossover's pull-up station offers multiple grip positions, and two independent slides have been ergonomically designed to offer twice as many height adjustments as previous Body Solid crossover stations.

With 20 independent height settings and 180° cable positioning for smooth guidance in all directions, the Body-Solid GDCC250 is one of the most versatile and functional machines made today.

### Features:

- 2 x 72kg weight magazines
- 20-way cable pulley adjustment for a variety of upper, middle and lower cable exercises
- 180° movement radius of the swiveling pulling elements
- 2 weight blocks à 72kg with ratio 2:1 (2,25kg to 36kg) - upgradeable with 2 x 22,5kg weight plates (2,25kg to 47,25kg)
- the ratio of 2:1 allows a very smooth workout, deeper weight increments and a larger range of motion
- pull-up bar with different grip positions

Use: home to light institutional use

Machine dimensions: L417 x W74 x H213,5cm, weight 160kg

**The Shark  
Fitness Company**



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Accessories: pull-up bar, 2 handles, 2 foot straps

Option: 2 x 22,5kg additional weight

Warranty: 2 years on labor and spare parts (excluding consumables, transportation and installation)