



Body Solid Leg Press-Hack Squat Combination Machine GLPH1100



The Body Solid leg press and Hackenschmidt for targeted strengthening of the leg, buttock and calf muscles. The robust frame construction allows a weight load of up to 360 kg. While quads, glutes and calves are trained, the technical suppleness of the leg press/hack squat machine from Body Solid is gentle on bones and joints. Three lockout positions are under the user's control at all times, providing user safety and the option of different start/stop positions.

CHF 1'699.00

Equipment:

- Various exercise options such as leg press, Hackenschmidt squat, calf raise
- 45° angle of the carriage movement
- Quad-Track roller system for smooth and even movement of the weight plates
- Disc support for 51 mm discs (conversion to 26 mm discs optionally available)
- both back sections are easy to adjust with a quick-folding mechanism
- Several angle settings possible
- Extremely robust foot platform
- 10 cm thick and stable DuraFirm padding, tear-resistant, with double stitching, ergonomically shaped for optimum support of the lower back and shoulders
- quick conversion from leg press to squat exercise
- Easily accessible disk loading system on the carriage
- 3 lock-out positions for the weight sled offer comfort and safety
- Starting weight without discs 36 kg (sled weight)
- Dimensions of the base plate L42 x W52cm
- Support surface for targets 30cm on both sides
- Extremely robust steel frame construction
- Resistant powder coating
- Targets not included in the scope of delivery
- Target price CHF 1'899.--

**The Shark
Fitness Company**



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Application: Home use to light commercial use, payload disc supports 2X180kg

Device dimensions: L211 x W87 x H143cm, weight 154kg

Option: Discs

Warranty: 2 years on labor and spare parts (excluding consumables)