

## Body Solid abdominal/back machine GCAB360



The combination device with disc support for strengthening the abdominal and back muscles. The Body Solid abdominal and back machine with disc support can be used for targeted training of the abdominal and back muscles. The footrest can be adjusted for optimum adaptation to body size.

CHF 599.00

## **Equipment:**

- Starting position for back or abdominal exercise freely selectable
- Seat with 30° angle for a biomechanically correct posture
- Height-adjustable seat
- Adjustable foot support for optimum positioning
- extra strong, high-quality DuraFirm padding, tear-resistant with double stitching
- robust frame construction
- for 26mm discs

Application: Home use to light commercial use, payload target support 115kg

Device dimensions: L153 x W117 x H109cm, weight 36kg

Option: Targets, adapter

Warranty: 2 years on labor and spare parts (excluding consumables)