



## Body Solid leg extension/squat machine (seated) GCEC340



The Body Solid combination machine for leg extension and leg flexion exercises in a seated position.

**CHF 649.00**

Leg training has never been so fast and efficient. The two most important leg exercises can now be performed comfortably in one position. The fully adjustable 7-gauge steel cam easily adapts to any user. Simply pull the jumbo pop pin and raise the lever arm to a comfortable starting position, sit down and wrap your legs over the 20cm foam rollers, then push down to perform seated leg curl exercises that stretch and strengthen your glutes and hamstrings. Pull the pin again to lower the lever arm and position your legs behind the oversized rollers to work the quadriceps muscles through the leg extension exercise.

### **Features:**

- adjustable, ergonomically shaped back cushion
- height-adjustable locking pad for the thighs
- Freely selectable starting position
- robust frame construction
- handles on the seat cushion for safe training
- extra strong, high-quality DuraFirm padding, tear-resistant with double stitching
- extra large padded rollers
- for 26 mm discs
- Color: grey

Use: Home use to light commercial use, target support load: approx. 135kg

Device dimensions: L125 x W107 x H94cm, weight 48kg

Option: Adapter for 51mm disks

**The Shark  
Fitness Company**



**Shark Fitness AG**  
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and Wil (SG)

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Warranty: 2 years on labor and spare parts (excluding consumables)