



Body Solid Leverage Squat/Calf Raise Machine GSCL360



The ultimate squat and calf raise machine from Body Solid for home use. The squat exercise is the best exercise to build mass and strength in the thighs, glutes, calves and lower back.

CHF 949.00

Ask any fitness professional which exercise is the best for developing explosive lower body strength and the answer is always the same: the squat exercise. The squat exercise is the ultimate exercise for building mass and strength in the thighs, glutes, calves and lower back. The Leverage Squat / Calf Raise machine from Body Solid has been designed to eliminate the risks of this important exercise while enhancing the benefits and increasing effectiveness. The Leverage Squat machine from Body Solid is the strongest machine in its class and can handle the heaviest loads with ease. This machine is built for those who want it all ... Strength, mass and power!

Features:

- spring-loaded safety pin for optimum height adjustment of the shoulder bar
- biomechanically correctly angled squat platform
- rounded calf block for a greater range of motion
- with 2 holders for storing weight plates (50 mm spikes)
- Disc support with 50 mm spikes
- extra strong, high-quality DuraFirm shoulder pads

Use: home to light institutional use, payload: approx. 270kg

Equipment dimensions: L158 x W109 x H142cm, weight 82kg

Option: 51mm plates

Warranty: 1 year on labor and 2 years on spare parts (excluding consumables such as pads)

Dimensions: L158 x W110 x H143cm, with 51mm plate support

**The Shark
Fitness Company**



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