



## Body Solid Pro Scott Curler (GPCB329)



When it comes to isolating the biceps for maximum focus and development, nothing beats the Preacher Curl. Preacher Curls are essential for building the entire biceps mass, including the often difficult lower biceps. Body Solid's GPCB329 biceps curl bench is set at a perfect 30° angle, positioning the upper arm for maximum stretch and full range of motion while avoiding stress on the elbows and lower back.

**CHF 399.00**

### Equipment:

- the biceps bench from Body Solid for effective biceps training
- 30° position of the arm rest
- biceps pad height adjustable
- size biceps pad 60 x 38cm
- extra wide dumbbell rest
- extra strong, high quality DuraFirm seat and bicep pad, tear resistant with double stitching
- robust frame construction

Use: home use to light institutional use, load capacity: approx. 300kg

Machine dimensions: L79 x W104 x H99cm, weight 39,6kg

Option: biceps curl bar, discs

Warranty: 2 years on labor and spare parts (excluding consumables)