



## Body Solid Pro Universal Bench GFID71



Body Solid - GFID71 universal bench for flat, incline and negative bench presses, 90° shoulder presses and dumbbell training. Thanks to the negative function, this bench is also suitable for sit-ups and abdominal crunches. The robust 5.1 x 7.6 cm steel frame of the Body Solid GFID71 training bench can easily cope with a load capacity of approx. 300 kg. The back and seat pads lock into six positions to align the body for perfect posture during all exercises, while the ultra-thick DuraFirm padding comfortably supports you through the most intense workouts. Lock your legs in the T-Bar Leg Hold Down with oversized rollers for added comfort and stability while performing upper and lower abdominal exercises as well as positive and negative incline strength training. Convenient transport wheels allow the GFID71 to be moved in and out of any rack with ease for the ultimate in versatility

**CHF 499.00**

### Features:

- extra robust frame construction
- extra strong, high-quality DuraFirm seat and backrest upholstery, tear-resistant with double stitching
- 6-position seat adjustment -10°, 0°, 10°, 20°, 30°, 45°, 60°
- Backrest 6-way adjustable -15°, 0°, 25°, 45°, 60°, 80°
- Length of the backrest cushion 90cm
- With leg support
- With transport castors for easy relocation

Application: Home to commercial use, payload 270kg

**The Shark  
Fitness Company**



**Shark Fitness AG**  
Stores in Wettingen (ZH)  
and Wil (SG)

056 427 02 25  
info@sharkfitness.ch  
www.sharkfitness.ch

Device dimensions: L177.8 x W71 x H48.3cm, weight 52kg

Accessories: Leg support

Options: Bicep pad, leg section for leg extension/bending exercise

Warranty: 2 years on labor and spare parts (excluding consumables)