



## Powerline abdominal trainer PAB21X



The Powerline Ab Bench - for training the upper and lateral abdominal muscles. The curved back pad of the ab trainer with pulley puts you in a stretched starting position that allows for a wide exercise radius with a deep contraction. You've never felt such full abdominal mobility. Powerline's Leverage Ab Bench delivers six-pack abs and well-developed obliques like no other machine.

**CHF 199.00**

### Equipment:

- Cable pulley with extra-wide sealed ball bearing pulley
- specially designed curved back pad puts the user in a deep pre-stretch position for exercise movements that range from 30° behind center to 30° in front of center
- infinitely adjustable back pad ensures quick and easy adjustment for users of all sizes
- extra-thick and durable DuraFirm™ back and seat cushions provide comfort and proper posture
- Heavy-gauge steel main frame features welded construction on all four sides
- Chrome-plated weight sled accommodates standard and Olympic weight plates for minimum to maximum resistance
- color: gray
- price without weight plates shown

Use: home to light commercial use, payload: approx. 140kg

Machine dimensions: L101 x W46.5 x H96.5cm, weight 14kg

Options: Discs

Warranty: 2 years on labor and spare parts (excluding consumables)