



## Theraband in the zipper pocket



The theraband in the practical zipper bag.  
Available in 5 strengths.

CHF 24.90

The 2.50m Theraband exercise band in the zippered bag is an ideal trainer for home or on the go. The set consists of a 2.50m x 14cm Theraband exercise band, the instructions "Fit with the exercise band" and a practical zipper bag. Thus, the exercise band is always safely stored and can be used anywhere.

Theraband exercise bands and tubing are inexpensive, easy-to-carry and versatile resistance products made of natural latex with virtually unlimited uses for increasing strength, mobility and flexibility. Scientifically proven exercises find use in rehabilitation of injuries, increasing functional abilities of seniors and training athletes. Introduced and endorsed by the American Physical Therapy Association (APTA), they are recognized worldwide as the original progressive resistance training system.

- 2.50m x 14cm Theraband Exercise Band
- Natural latex resistance band
- manual "Fit with the exercise band"
- practical zipper pocket
- available in 5 strengths

Available in the strengths:

light - yellow  
medium - red  
strong - green  
extra strong - blue  
super strong - black

**The Shark  
Fitness Company**



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