



Theraband handles



The soft foam rubber handles simplify the use of exercise bands and tubing. The Theraband handles make the training with bands and tubing more flexible and an uncomfortable strangulation of the hands is prevented. The large handles relieve the hands during training. People with low hand strength (e.g. with arthrosis) can train effectively with bands and tubing. The use of the handles also prevents damage to the band. The Theraband or tube is simply pulled through the end loops of the handles and fixed in place with a slight pulling force.

CHF 18.90

The Theraband accessories simplify the use of exercise bands in training and rehabilitation.

- Material: foam handles
- relieves the hands during training and prevents constriction of the hands
- ideal for people with low hand strength (e.g. arthritis)
- Packaging unit: 1 pair