



Flexi tape 5m



The highly elastic gymnastic band has been successfully used for years in fitness and figure training, posture and back school, therapy and rehabilitation. Ideal for home and on the road.

CHF 30.00

Advantages Flexaband:

- highly elastic
- stable uniform stretch
- in four different thicknesses
- extremely stretchable natural latex

The unsurpassed elasticity of the 15cm wide latex material offers only a slight increase in resistance over a long distance. Thus, it allows long-range movements in a gentle way. This enables physiologically optimal training of complete movement sequences and muscle chains.

By lengthening or shortening the band or by combining the individual strengths, you can vary the tensile force individually.

Choose from 4 different strengths with a length of 5m and a width of 15cm:

- The extra strong band (green) is mainly used for strength training
- Strong (purple) is suitable for men and trained women
- The medium band (pink) is especially popular with women
- The light band (yellow) is recommended for people with low muscle strength