

ROTARY TORSO

RS-1602



ADJUSTABLE CHEST PAD HEIGHT



ADJUSTABLE STARTING ANGLE

FEATURES

- Incorporates ROC-IT technology by offering users an instability option (ROC-IT or LOCK IT™) for muscle engagement
- Starting positions in 40, 60, 80, and 100 degrees from “face forward” offer an optimal range of exercise motion in both directions
- Chest pad adjusts to accommodate varied torso lengths. Stabilizing handles offer upper body support to minimize low back stress
- Ergonomic kneeling pad minimizes low back stress

SPECS

- Product Dimensions L x W x H:
45.50" (116 cm) x 42.00" (107 cm) x 56.75" (144 cm)
- Product Weight: 451 lbs (205 kg)
- Weight Stack: 128 lbs (58 kg)