



# VERTICAL KNEE RAISE/DIP

**CF-3252-A**



## FEATURES

- Two sets of hand grips for dip and vertical knee raise exercises
- Angled arm rests offer stable positioning for vertical knee raise exercises
- Angled dip handles accommodate varying user widths
- Optional Fitness Tree CF-3962-A attachment provides additional exercises (sold separately)

## SPECS

- Product Dimensions L x W x H:  
54.25" (138 cm) x 34.25" (87 cm) x 67.50" (171 cm)
- Product Weight: 178 lbs (81 kg)
- Maximum exercise weight capacity: 400 lbs (181 kg)