HIIT RUNNER ARUN050



FOR HIIT & CROSS TRAINING

Evocardio's new way of running helps you burn fat and calories faster and more efficiently than any other fitness concept to date with its innovative toe running approach.

The Renegade HIIT Runner ARUN050 offers superior steel construction, dependable stability, and no-limits functionality in a energy-efficient design.

Innovation patented curve design conforms better to your stride and encourages running on the balls of your feet, both reducing joint impact and improving performance. There's no need for you to adjust the belt tension or replace the deck. This treadmill is the easiest to maintain that you'll find anywhere.

Engineered for light weight and incredible strength, the treads incorporate a soft shock absorbing cover, which provides just the right spring and shock absorption while handling the high loads and long life requirement.

This motorless treadmill uses no electricity, running instead on the energy produced by the user's own movement. Whether you're a beginner athlete or a professional at the highest levels, the ARUN050 can instantly conform to your desired speed, even if you change your output randomly at will.

Walk, jog, stop, spring, instantly, with no intervention other than just shifting your body forward and back, not having to touch any buttons. No bounds, no controls, just RUN.

SPECIFICATIONS

Self powered with 4 levels of magnetic resistance
Easy one-touch mode selector
Robust steel frame with low position cross handle
Anti-slip durable PU rubber slats
Ergonomic handle with black foam grip
Large anti-slip adjustable self-leveling footstops
Rear built-in handle and transport wheels
Build-in wireless heart rate receiver
Battery operated LCD monitor, displaying time, distance, calories and pulse
Large LCD screen displays 7 workout modes including 20/10,20/30, custom intervals, 4 target settings
Running surface: 160 x 44 cm, curved
Product dimensions: L 171 x W 99 x H 168 cm
Package dimensions: L 192 x W 90 x 46.5 cm
Net/gross weight: 135 kg / 155 kg
Max. user weight: 160 kg





Console Large LCD screen displays 5 workout readouts including speed, time, distance, calorie & pulse (optional) **Resistance** 4 sections of manual control, allowing the user to choose the required feel of the run pace.



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